

Open Access Plus: Southern Ohio Painters Health & Welfare

Policy Period: 1/1/2014 – 12/31/2014

Summary of Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Individual + Family | Plan Type: OAP4



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.myCigna.com or by calling 1-800-Cigna24. The Uniform glossary can be obtained at www.ccio.cms.gov.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	No.	You don't have to meet these deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. For network providers \$15,000 person / \$45,000 family; For out-of-network providers \$20,000 person / \$60,000 family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, co-payments, plan deductibles, penalties for no pre-authorization, and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Does this plan use a <u>network of providers</u> ?	Yes. For a list of participating providers, see www.myCigna.com or call 1-800-Cigna24	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for information about excluded services .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- Coinsurance is *your* share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plan's allowed amount for an overnight hospital stay is \$1,000, your coinsurance payment of 20% would be \$200. This may change if you haven't met your deductible.
- The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.)
- This plan may encourage you to use participating providers by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	30% co-insurance	40% co-insurance	----- none -----
	Specialist visit	30% co-insurance	40% co-insurance	----- none -----
	Other practitioner office visit	30% co-insurance	40% co-insurance	Chiropractic coverage is limited to 12 visits per calendar year.
If you have a test	Preventive care/screening/immunization	No charge	40% co-insurance	----- none -----
	Diagnostic test (x-ray, blood work)	30% co-insurance	40% co-insurance	----- none -----
	Imaging (CT/PET scans, MRIs)	30% co-insurance	40% co-insurance	----- none -----

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.myCigna.com.	Generic drugs	25% co-insurance/prescription (retail). 25% co-insurance (home delivery)	Not covered	Coverage is limited to a 90 day supply (retail) and limited to a 90 day supply (home delivery); Specialty prescriptions are limited to a 30 day supply, with 1 refill of a specialty medication at retail
	Preferred brand drugs	25% co-insurance/prescription (retail). 25% co-insurance (home delivery)	Not covered	Coverage is limited to a 90 day supply (retail) and limited to a 90 day supply (home delivery); Specialty prescriptions are limited to a 30 day supply, with 1 refill of a specialty medication at retail
	Non-preferred brand drugs	25% co-insurance/prescription (retail). 25% co-insurance (home delivery)	Not covered	Coverage is limited to a 90 day supply (retail) and limited to a 90 day supply (home delivery); Specialty prescriptions are limited to a 30 day supply, with 1 refill of a specialty medication at retail
	Specialty drugs	25% co-insurance/prescription (retail). 25% co-insurance (home delivery)	Not covered	Specialty prescriptions are limited to a 30 day supply, with 1 refill of a specialty medication at retail
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% co-insurance	40% co-insurance	none
	Physician/surgeon fees	30% co-insurance	40% co-insurance	none
If you need immediate medical attention	Emergency room services	30% co-insurance	30% co-insurance	none
	Emergency medical transportation	30% co-insurance	30% co-insurance	none
	Urgent care	30% co-insurance	30% co-insurance	none

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If you have a hospital stay	Facility fee (e.g., hospital room)	30% co-insurance	40% co-insurance	none
	Physician/surgeon fee	30% co-insurance	40% co-insurance	none
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	Not Covered	Not Covered	none
	Mental/Behavioral health inpatient services	Not Covered	Not Covered	none
	Substance use disorder outpatient services	Not Covered	Not Covered	none
	Substance use disorder inpatient services	Not Covered	Not Covered	none
If you are pregnant	Prenatal and postnatal care	30% co-insurance	40% co-insurance	none
	Delivery and all inpatient services	30% co-insurance	40% co-insurance	none
	Home health care	30% co-insurance	40% co-insurance	none
If you need help recovering or have other special health needs	Rehabilitation services	30% co-insurance	40% co-insurance	Coverage for Rehabilitation services is limited to 60 days annual max. Cardiac Rehabilitation services are limited to 36 days annual max.
	Habilitation services	Not Covered	Not Covered	none
	Skilled nursing care	30% co-insurance	40% co-insurance	Coverage is limited to 60 days annual max
	Durable medical equipment	30% co-insurance	40% co-insurance	none
	Hospice service	30% co-insurance	40% co-insurance	none
If your child needs dental or eye care	Eye exam	No Charge for eye exam	Not Covered	One eye exam every 12 months
	Glasses	\$10 co-pay for frames and lenses	Not Covered	One pair of glasses every 24 months; frames allowance of \$75 (with 20% discount on balance over \$75); no limit on frames for dependents under age 18
	Dental check-up	Not Covered	Not Covered	none

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Excluded Services & Other Covered Services:**Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)**

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental Care (Adult)
- Dental Care (Child)
- Habilitation services
- Hearing aid
- Infertility treatment
- Long-term care
- Mental/Behavioral health inpatient or outpatient
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Prescription drugs used to treat a Mental Health or Substance Use Disorder
- Routine foot care
- Substance use disorder inpatient and outpatient services
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care – limited
- Routine eye care – limited

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may apply.

For more information on your rights to continue coverage, contact the plan at 1-800-832-7113 or 1-513-381-6886. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact 1-800-686-1526 or visit <http://www.insurance.ohio.gov/Pages>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

—To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,300
- Patient pays \$2,240

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$2,210
Limits or exclusions	\$30
Total	\$2,240

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,955
- Patient pays \$1,455

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$1,455
Limits or exclusions	\$0
Total	\$1,455

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Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for these conditions could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same coverage examples. When you compare plans, check the "Patient Pays" box for each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You also should consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Plan ID: 20509

Plan Name: Steubenville/Marietta-Open
Access Plus/OAP4

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